



CEDARVILLE CONNECTION

September 16, 2015

Visit us on the web at
www.EACS.k12.in.us

Our mission at Cedarville Elementary School is:
To build a solid academic foundation and develop fundamental skills that will lead our students into a lifetime of success.

From the desk of the Principal...

"What do you want to be when you grow up?" Upon hearing this question, chances are that your children have no firm ideas about what they want to be or do—that is fine...they are kids—but it's never too early to help them explore options out there. Now, more than ever, children are seeing that there's nothing they can't achieve.

Get them involved. There are wonderful organizations such as scouts or 4H that help children learn and grow. Not everything needs to be sports related. How many of us are playing pro sports, after all?

Read all about it. School and public libraries are stocked with books for children that introduce them to interesting careers. Check out titles like *When I Grow Up*, *See What You Can Be*, *Jobs People Do*, *Career Day*, and don't forget Dr. Seuss' inspiring *Oh the Places You'll Go*. Online, visit www.khake.com/page64.html. The site offers career exploration guides and resources for younger students.

Have the "tools" on hand. Children can't know if they're good at something unless they try it. By having a wide variety of supplies available, your children can explore different skills, while having fun in the process. Calculators, math puzzles and games, and building sets are appealing to those who might end up in math or engineering careers. Toy medical kits and a supply of Band-Aids are always a hit, and can light a fire in future health professionals' lives. Art supplies, craft kits, and musical instruments may spur an interest in the arts. Check for low-cost used items at thrift stores or garage sales.

Help them start their own businesses. While the days of newspaper routes and lemonade stands are fading fast, there are many ways kids can try out the world of work. With your supervision, your children could launch a pet-sitting or leaf-raking business, sell homemade crafts or baked goods, or earn cash working as "mother's helpers." Help them track how much time they are spending for their services, show them how to set a goal to save for something, mark their progress toward it, and celebrate their successes.

Talk about your job. Many parents have jobs that their kids can't really comprehend. They might only know that you work in an office building or a store. If you can, participate in Take Our Daughters and Sons to Work Day (held every April) so they can see what a work environment is like. Talk to them about the education and training you needed to get your job.

Keep them balanced. It's tempting for parents to see a talent in their child and focus just on that. However, the most successful people in life have a wide variety of interests and abilities. Be proud and encouraging of your young artist's work, for example, but make sure he or she also does well in math, science, reading, and other areas. Enjoy your youngster's computer wizardry, but make sure he or she also learns about art and music, books and science, and the fun and team-building of sports and activities.

Be realistic. Many children want to grow up to be professional athletes, rock stars, famous actors, or the president. While shooting for the stars is wonderful, and you should encourage all of their hard work to succeed, help them also realize that the competition for those superstar positions is fierce. Help them expand their dreams to include their ideal job as well as other related careers. If your child is aching to be a pro athlete, for example, make sure he or she also knows about careers in physical therapy, sports medicine, physical education teaching, coaching, sports law, and other jobs related to sports.

COLLEGE GO WEEK...

September 21st-25th is COLLEGE GO WEEK! Cedarville Elementary promotes College and Career readiness in many ways. A fun way we promote college and careers takes place during our College Go Week every year in September. We talk with students about why they need to go to college, what their college options look like, and what they can do now to get ready for college. Career conversations take place in the classroom and students are encouraged to ask questions of themselves and others about possible careers. We send home valuable information to parents about planning for their child's future, preparing for academic success, and paying for college. There are



also fun activities that students complete that have to do with college and careers. Our students enjoy this week every year and learn a great amount about planning for their future and setting goals.

Here are some activities we will do as a school that we thought you would want to know about!

Monday: In class, students will share where they want to go to college, or their favorite college team! Teachers will share where they went to college and why they chose that particular school.

Tuesday: College Gear Dress-up day! Wear your favorite college gear! If your child does not have any college gear to wear, he/she can always wear college colors to represent their favorite school. At home, your child should talk to a past or present college student. This could be a parent, older sibling, cousin, etc. Students will share this information with their class on Wednesday.



Wednesday: Students will share with the class information about the persons they interviewed.

Thursday: Career Dress-up day! Have your child wear something related to the career they want when they grow up. This is a fun way to give students the chance to share with the class what they want to be when they grow up! At home, help your child find out how many years of college they will need to be in the career they want someday, as well as a possible college major.

Friday: Students will share with their class how many years of college they will likely need for the career of their choice, as well as possible college majors.



COLLEGE GO WEEK is a great way to get students of all ages thinking about planning for college and career success! Together, we can make it a fun and informative week for every child!

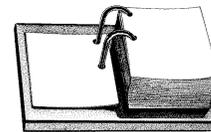
Let's Talk Health...

One of the healthiest things you will ever do is eat more raw fruits and vegetables. Don't panic, I didn't say you had to eat a bowl full of brussel sprouts or broccoli every day in order to be healthier.

All you need to do to increase your health is increase the amount of raw fruits and vegetables you are consuming. This is called the "fresh fiber first" implementation step. Pick your favorite fruit or vegetable; it doesn't matter what it is, and consume it more often. Make the effort to eat some form of raw fruit or vegetable with every meal or snack. If you only like grapes, then make it grapes. It doesn't matter.

If the only thing you changed in your lifestyle over the next year was to add a raw fruit or vegetable to every snack, you would be significantly healthier in a year. Don't even think about anything else. Just find a fruit or vegetable that is EASY and COMFORTABLE. Add a raw fruit or vegetable to your snack of donuts, pretzels or nachos and receive the benefit.

Mark Your Calendar...



- Sept. 18: PTO Carnival
Informational Meeting
@ CEEL cafeteria 9:30 a.m.
- Sept. 21: College Go Week!
- Sept. 21: Grade 3 NWEA fall testing window opens today and runs through October 9th
- Sept. 22: Wacky Whippers Contest on stage for qualifying students through fundraiser @ 9:15
- Sept. 22: Fall Super Science begins for grades 2/3 students running on Tuesdays (until 5:00) and Wednesdays (until 4:30) in the art room.
- Sept. 23: Fundraiser top sales people will take a limo ride to Pizza Hut. Classes see students off @ 10:45.
- Sept. 25: Popcorn/Pretzel Friday and Spirit Day
- Sept. 23: Collaboration Day – 3:10 dismissal
- Sept. 28: Box Tops Competition begins and ends Oct. 23rd
- Sept. 28: Rooms 109 and 110 to Orchard Hills Farms 9:15-12:30
- Sept. 28: Rooms 105 and 106 to Eagle Marsh 9:10-11:40
- Sept. 21: Grade 3 NWEA fall testing window opens today and runs through October 9th
- Sept. 29: Rooms 107 and 108 to Orchard Hills Farms 9:15-12:30
- Sept. 29: Room 104 to Eagle Marsh 9:10-11:40
- Sept. 30: Collaboration Day – 3:10 dismissal
- Oct. 1: Rooms 113 and 115 to Orchard Hills Farms 9:15-12:30
- Oct. 1: Rooms 101 and 119 to Eagle Marsh 9:10-11:40
- Oct. 1: *Pizza Pals for August and September in the Art Room*
- Oct. 2: Box Tops collection day
- Oct. 2: Rooms 111 and 116 to Orchard Hills Farms 9:15-12:30
- Oct. 2: Rooms 102 and 103 to Eagle Marsh 9:10-11:40
- Oct. 3: Leo-Cedarville Park Board 17th Annual Fall Festival 3-6 p.m. @ Leo-Cedarville Park
- Oct. 5: Bus Safety Day
- Oct. 5: Good News Club begins and runs through March 28th
- Oct. 6: Rooms 121 and 122 to Art Museum 9:15-11:30
- Oct. 7: Collaboration Day – 3:10 dismissal

